

LAST CHANCE MEET



Last Chance Meet Event Schedule Updated (31/03/2026)

Wednesday 1 April 2026

TIME SLOT	TIME	EVENT NAME
1	5:30PM	80/90/100/110m Hurdles
2	5:45PM	Female Long Jump and Male Javelin
3	6.15 PM	Female Javelin
4	6:30PM	800m
4	6:30PM	Male Long Jump
5	6.45PM	Male Shot Put
6	7:00PM	100m
7	7:15PM	Female High Jump and Female Shot Put
8	7:35PM	400m
9	7:55PM	1500m
10	8:00PM	Male High Jump
11	8.25PM	200m